



Newsletter

Charlotte Friends of Jung

2011-12 FALL-SPRING

A 501(c)3 Non-profit Organization

2011-2012 Programs

October 14 & 15, 2011
Vivian Carol, RN, LPC
*The Mayan Calendar
and the Archetypes*

November 4 & 5, 2011
Alvaro Giraldo, MD, MA,
Jungian Analyst
*DNA Biology in
Jungian Practice*

January 13, 2012
Annual Free Program:
Larry Sorkin and
Tanja Bechtler
*The Ineffable and Jung:
An Evening of Poetry and
Music*

February 17 & 18, 2012
James Hollis, Ph.D
*What Matters Most: Living
a More Considered Life*

March 23 & 24, 2012
Mariann Burke, RSCJ,
Jungian Analyst
*The Annunciation and the
Original Face: A Depth
Psychological Approach*

April 27 & 28, 2012
**The Red Book, with all our
local Jungian Analysts**
*Introduction, Commentary,
and Workshop*

A Word from the Board

In planning the programs for this year, a theme emerged without the conscious choosing of the Board- INDIVIDUATION. Jung considered the individual's self-knowledge and capacity for relationship as the only power strong enough to resist the collective. In this era of uncertainty, Charlotte Friends of Jung will reflect on the power of individuation to help us confront future challenges.

"Historically, it is chiefly in times of physical, political, economic, and spiritual distress that men's eyes turn with anxious hope to the future, and when anticipations, utopias, and apocalyptic visions multiply... We are living in what the Greeks called the kairos- the right moment- for a 'metamorphosis of the gods', of the fundamental principles and symbols. This peculiarity of our time, which is certainly not of our conscious choosing, is the expression of the unconscious man within us who is changing." From The Undiscovered Self CW 10

We will begin the season by looking at the cosmic picture with Vivian Carol who will discuss the meaning of 2012 and the call for change contained in the message in the sky. From the cosmos, Alvaro Giraldo will turn our attention inward to our own DNA in order to understand Jung's theory of archetypes from a biological perspective. James Hollis will focus our attention on our personal lives as he urges us to decide "What Matters Most." With Mariann Burke, we will reflect on a series of images of the Annunciation, the event Jung said he would choose to describe the individuation process. To end this amazing season, we will examine Jung's own individuation process with the help of a panel of five Jungian analysts who will discuss "The Red Book," Jung's fascinating journal. In mid-winter we will continue to offer a free annual program to our members and the public at large. This year, Larry Sorkin and Tanja Bechtler will provide an evening of Poetry and Music that explores "The Ineffable and Jung." You won't want to miss a single program.

This year we will meet at three familiar locations: The Cornwell Center at Myers Park Baptist Church, Movement Dialogues Studio, and Carolinas Medical Center which will co-sponsor James Hollis' program.

As we seek to maintain the excellent quality of our programs, meet at central locations, and make our offerings highly affordable, we want you to know how much we appreciate your participation and support. Please make renewing your CFJ membership a priority this year. We could not achieve our goals without the benefit of your annual membership dues, which subsidize all of our efforts!

In addition, please consider special donations and memorial gifts to CFJ. These help us tremendously, as we are truly a not-for-profit organization and every gift really matters. We hope you will consider making a generous tax-deductible contribution. You enable us to bring a vital, soulful element to life in Charlotte and to maintain our wonderful sense of community.

All the best,
The CFJ Board

Please spread the word about CFJ. Encourage friends to visit our website: www.charlottejung.org. To communicate with us by email, just contact: CFJ-Membership@carolina.rr.com.

October 14 & 15, 2011

Vivian Carol, RN, LPC

The Mayan Calendar and the Archetypes

synchronous events on earth. Carl Jung was so fascinated by astrological principles that he devoted significant time to this study beginning early in 1911 and lasting throughout his life. It heavily influenced his work on archetypal theory, synchronicity, human typologies, and philosophy of history. He used the analysis of birth charts and transits as a regular and integral aspect of his clinical work with patients in analysis. We are delighted to welcome Vivian Carol back to present an astrological perspective of these rare times and planetary formations.

The Cosmic Message is right in front of us. How can we make the necessary paradigm shift?

Friday evening presentation: Vivian will discuss the Mayan calendar and the meaning of the winter solstice of 2012. Is it important? How do we understand it on the collective level? Will everything collapse as promoted in books, on television, and in the movies? It is possible to gain understanding of what is happening in our world by studying the direction of the solar system, which reflects archetypal purposes. In this program, she will offer her understanding and interpretation of where we are headed, including emphasized time frames of the next few years.

Saturday workshop: The message in the sky calls us to break from living out the tired old archetypal dramas. Our economic and world situation is demanding a need to change paradigms. Is taking revenge for past wrongs the way of our future? Must we continue to act out the same old stories of the battle between the sexes? What about the 5000 year old rule of letting warriors rule the planet just because they are bigger and louder than peacemakers? Vivian believes that if we continue our warring history in the same way we cannot accomplish anything better than what we've got: a circus of a world that is trapped in constant replay. Each of us can choose a better option for whatever is happening personally. We do not have to live in replay mode forever.

Come to this morning workshop and learn what you can do personally to cooperate with the necessary transformation. We need to look beyond the immediate shadows and see a world with new eyes. And we can make that decision today. We will discuss a variety of ways to move/think positively. Your takeaway will be one or more ways you can actively contribute toward the new world on a daily basis.

Vivian Carol is a Registered Nurse and a NC Licensed Professional Counselor. She has been a Professional Astrologer since 1975. She manages both local and national practices in counseling and astrology.

Time/Place: Friday Evening, 7:30 pm. Registration begins at 7 pm. Movement Dialogues Studio, 4805 Park Rd., Suite 200, Charlotte, NC 28209 at the corner of Seneca and Park Road. (This is the building with McAllister's Deli in the bottom corner. Parking and main entrance are on the side of the building opposite Park Rd.) **Saturday, 9:00 am – 1 pm.** Registration begins at 8:30 a.m. Same building as above.

Cost: Friday evening - \$20 members; \$25 nonmembers. Saturday workshop - \$40 members; \$45 nonmembers.

November 4 & 5, 2011

Alvaro Giraldo, MD, MA,
Jungian Analyst

DNA Biology in Jungian Practice

The principles of Jungian theory overlap with many biological correlates. One of the most important correlates relates to new discoveries of DNA. Dr. Giraldo is uniquely qualified to guide us

through this fascinating subject.

Friday Evening Presentation: The inherited aspect of the psyche was a concern of Jung since early in his career. Jung mentioned the role of genetics in the structure of the psyche and based his theory of the archetype within the general theory of inheritance. Since the completion of the Human Genome Project, many discoveries related to the biology of DNA serve to validate Jung's theory of archetypes. DNA functioning may

explain biological aspects of Jungian concepts such as the anima/animus, individuation, and others.

Saturday Workshop: We will discuss these new correlates, their practical application in everyday life, and their applicability in the practice of psychotherapy.

Alvaro Giraldo is a psychiatrist who studied medicine in Bogota, Colombia and the United States. He completed fellowships in the Pathology of Cancer, in Immunology, and in Histocompatibility and Molecular Biology in Michigan and Texas. He has a Masters degree in Spiritual Direction and in Counseling and Pastoral Counseling, and is also a Jungian Analyst. He is currently a Clinical Associate Professor of Psychiatry at the Medical University of South Carolina. His main interests are long and short term Psychotherapy with a Jungian psychoanalytical orientation, combination treatment and medications and psychotherapy, psychotherapy and spirituality, and DNA biology and The Psyche. He can be reached at giraldo@musc.edu.

Time/ Place: Friday Evening, 7:30 pm. Registration begins at 7 pm at the Cornwell Center at Myers Park Baptist Church, 2001 Selwyn Ave across from Queens College. **Saturday, 9:00 am – 1 pm.** Registration begins at 8:30 am. Same building as above.

Cost: Friday evening - \$20 members; \$25 nonmembers. Saturday workshop - \$40 members; \$45 nonmembers.

January 13, 2012

Annual Free Program:

Larry Sorkin and
Tanja Bechtler

The Ineffable and Jung:

An Evening of Music and Poetry

The ineffable: *what can't be presented in words*, yet Jung presented the world with detailed ideas around active imagination, dreams, nothingness and fullness, individuation, transcendence and the collective unconscious. Explore and enjoy these profound

gifts through music and poetry.

Tanja Bechtler served as an orchestral player for the Charlotte Symphony for 12 years. She is the founder of the Bechtler Ensemble and serves on the faculty of Gardner-Webb University.

Larry Sorkin is a part time business man, sometime poet, and occasional performer of poetry and music with the cellist, Tanja Bechtler.

Time/Place: Friday Evening, 7:30 pm. Room opens at 7 pm. Movement Dialogues Studio, 4805 Park Rd., Suite 200, Charlotte, NC 28209 at the corner of Seneca and Park Road. (This is the building with McAllister's Deli in the bottom corner. Parking and main entrance are on the side of the building opposite Park Rd.)

February 17 & 18, 2012

James Hollis, Ph.D

What Matters Most: Living
a More Considered Life

Apart from friends, family, and good work, what matters most in our lives? What values lead us to a freer, larger life, a more considered course? Together we will examine the crippling role fear management

systems play in our choices, why we are called to choose ambiguity over familiarity, why the world is driven by verbs not nouns, how life is most meaningful in the face of mortality, and how genuine spirituality is a journey not an arrival. A more considered life asks more of us than may be comfortable, but we are rewarded with a more interesting story.

Friday Evening Presentation: Dr. Hollis will discuss his latest book, *What Matters Most: Living a More Considered Life*. It is designed to stir thought, possibly reorient directions, priorities and values. Dr. Hollis challenges you to reflect on your own life and come up with your own conclusions. If we fail to engage in some form of cogent dialogue with the questions which emerge from our depths, then we will live an unconscious, unreflective, accidental life.

Saturday Workshop: Together we will consider the paradoxes that we encounter in the conduct of our brief transit on this earth. Leading a more conscious life brings us to choices which either enlarge or diminish. Our time together will bring a more considered reflectivity to our daily lives. Each person should bring pad and pen for personal reflection.

James Hollis, Ph. D., is a Zurich-trained Jungian analyst in private practice in Houston, TX, author of thirteen books (the latest being *What Matters Most: Living a More Considered Life*), and Director of the Jung Center/Saybrook University graduate program in Jungian Studies.

Time/Place: Friday Evening, 7:30 pm. Registration begins at 7 pm at Carolinas Healthcare Auditorium. **Saturday**, 9 am – 1 pm. Registration begins at 8:30 am. Same building as above.

Cost: Friday evening - \$20 members; \$25 nonmembers. Saturday workshop - \$40 members; \$45 nonmembers.

Continuing Education: Interested participants can earn six (6) credits for continuing education, issued by AHEC by attending both the Friday evening and Saturday morning presentations with an additional fee of \$45 (checks should be made to AHEC, registration is on Friday evening).

March 23 & 24, 2012

**Mariann Burke, RSCJ,
Jungian Analyst**

*The Annunciation and the
Original Face: A Depth
Psychological Approach*

Jung wrote that if he were to choose a religious image to describe the Individuation process, he would choose the Annunciation. While generally in Christianity the Annunciation has been presented as historical, we will consider its message as

happening now. In Jung's view, such images open the way to what lies beyond them and to the wellsprings of soul.

Friday Evening Presentation: Artists introduce us to deeper aspects of ourselves by inviting us into the world of image. Mariann Burke will frame her lecture by a series of Marian images, expressions of the Sacred Feminine, by Fra Angelico, Piero Della Francesca, Poussin, and others. She will explore symbolical meanings in the Annunciation image: the Dove, Mary, Angel, Virgin Birth, to name a few. Moving toward Franck's "Original Face" icon of Mary, she will reflect on the "creative spark" or "pointe vierge," understood both in Christian thought and depth psychology as the "place" or experience in psyche where human and divine meet.

Saturday Workshop: This workshop will offer time to explore further personal responses to the images already shown, as well as another Annunciation by a 20th century artist. Participants will write and/or share their feelings, ideas, and insights as we reflect on the role of the Sacred Feminine in its various manifestations... Mary as one archetypal image... in today's world.

Mariann Burke, RSCJ, is a Jungian analyst living in Newton, MA. She holds graduate degrees from the University of Pittsburgh, Andover-Newton Theological School, and the C.G. Jung Institute in Zurich, Switzerland. Her publications include *Mary as Archetype, Advent and Psychic Birth* (1993) and more recently, *Re-Imagining Mary, A Journey through Art to the Feminine Self* (2009). She is on the faculty of the C.G. Jung Institute, Boston.

Time/Place: Friday Evening, 7:30 pm. Movement Dialogues Studio, 4805 Park Road, Suite 200, Charlotte, NC 28209 at the corner of Seneca and Park Road. (This is the building with McAllister's Deli in the bottom corner. Parking and main entrance are on the side of the building opposite Park Rd.) **Saturday**, 9:00 am – 1 pm. Registration begins at 8:30 a.m. Same building as above.

Cost: Friday evening- \$20 members; \$25 nonmembers. Saturday workshop- \$40 members; \$45 nonmembers.

April 27 & 28, 2012

The Red Book

*Introduction, Commentary,
and Workshop*

A Friday Night Panel of all our local Jungian Analysts: Dorothy Campbell, Karen Hodges, Randall Mishoe, Howard Tyas, Kathleen Wiley. Workshop with Randall Mishoe.

Published in 2009, C.G. Jung's 100-year-old *The Red Book* quickly entered its seventh printing in 2010. The book looks very much like a creation of the Middle Ages, carefully bound in red leather with

impressively detailed art work and ornate calligraphy that records his fantasies, active imaginations, and reflections during a time of unsettling transitions – within Jung himself and his outer world edging daily toward the catastrophe of World War One.

The Red Book is a psychological journal honestly portraying the interior life of a man wrestling with his inner devils and angels but with the vantage point of a keen intellect, unusual artistic gifts, and a qualifying education in medicine, psychology, mythology, psychiatry, symbolism, anthropology, and religion.

At its core, *The Red Book* lays bare the spiritual crisis of an individual and his contemporaries. Sonu Shamdasani, who edited and helped translate Jung's work, describes it this way: "The overall theme of the book is how Jung regains his soul and overcomes the contemporary malaise of spiritual alienation." (p. 207, *The Red Book*). Jung calls this "individuation." It is an undertaking of self-discovery and wholeness to which Jung invites each of us through the experience of dream analysis and active imagination.

Friday Evening Presentation: following a brief introduction to the book, five Jungian Analysts will share their own experiences of *The Red Book*. With references to case material, background studies, and their own personal experiences, Dorrie Campbell, Karen Hodges, Randall Mishoe, Howard Tyas, and Kathleen Wiley will reflect with depth and humor upon what *The Red Book* experience may mean for each of us and our time.

Saturday Workshop: Led by Randall Mishoe, this workshop will build upon Friday's presentation and will make possible explorations for participants to begin their own "Red Book," drawing upon inspirations of your own dreams and active imaginations. Please bring a journal, pens, pencils, and crayons with you. Also, as backdrop for this experience, we will draw upon psychological typology and your Myers Brigg Typology Indicator answer sheet, if you have previously taken the MBTI. If you have not taken the MBTI, please arrange with Dr. Mishoe to do so by calling 704-344-1100 or by e-mailing, randallmishoe@mac.com. (There will be an additional small fee of \$10.00 for the cost of materials and scoring for those who have not taken the MBTI and wish to do so.) Copies of *The Red Book* will be available in the meeting room for your perusal .

Dorothy Campbell has a BScN from McGill University, Montreal, Quebec; and a Master's degree in Psychosocial Nursing from the University of Washington in Seattle. She graduated from the International School of Analytical Psychology-Zurich in 2007, and has a private practice in Charlotte.

Karen Hodges is a Jungian Analyst trained at the C. G. Jung Institute/Zürich and has been in private practice in Charlotte since 1996. She was a founding member of the North Carolina Society of Jungian Analysts. With a special interest in poetry, she earned a Ph.D. in British and American Literature at Brandeis University.

Randall Mishoe is a Jungian Analyst with a private practice in Charlotte, NC. He also serves on the faculty of the C.G Jung Institute-Boston where he is Analyst-Director of the Summer Intensive.

Howard Tyas is a Jungian Analyst practicing in Charlotte, NC and a founding member of the North Carolina Society of Jungian Analysts.

Kathleen Wiley completed analytic training through The InterRegional Society of Jungian Analysts and maintains a practice in Davidson. She is also a Licensed Marriage and Family Therapist and a Licensed Professional Counselor. She is an active faculty member of the Memphis Jung Seminar. In addition to practicing analytically, she leads ongoing sacred circles focusing on The Qabalistic Tree of Life.

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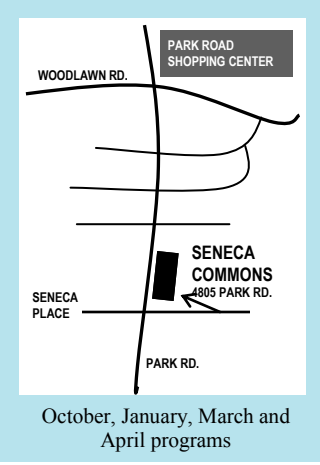
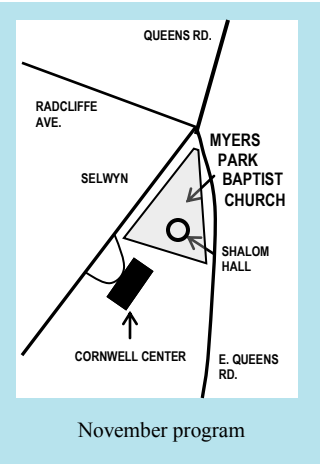
Cost: Friday evening – \$20 members; \$25 nonmembers. Saturday workshop - \$40 members; \$45 nonmembers.

Charlotte Friends of Jung

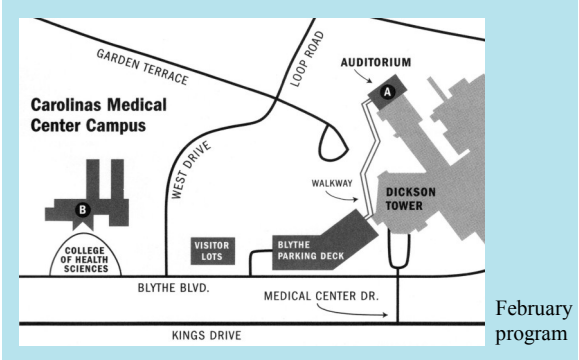
is a non-profit group interested in the psychological perspective as described by C.G. Jung. We provide regular programs offering education, fellowship and the sharing of ideas and experiences from this perspective. It is intended that Jung's insights and process of psychological growth may be furthered and supported by fellow journeyers for the enlargement of consciousness. All are welcome regardless of their level of knowledge of Jung.

Membership

Dues are \$30 per year for individuals and \$40 for couples. To join, please notify Bob Dickens at CFJ-Membership@carolina.rr.com and mail a check (made out to Charlotte Friends of Jung) to 1981 J. N. Pease Place, Charlotte, NC 28262.



2011-2012 Charlotte Friends of Jung Board Members		Advisors to the Board:
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Visit our website:
www.charlottejung.org



Charlotte Friends of Jung

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Address correction requested